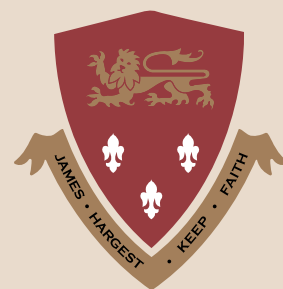
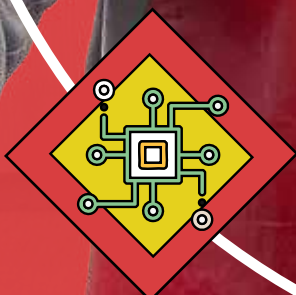


Year 9 Course Guide



JAMES HARGEST
COLLEGE

2026



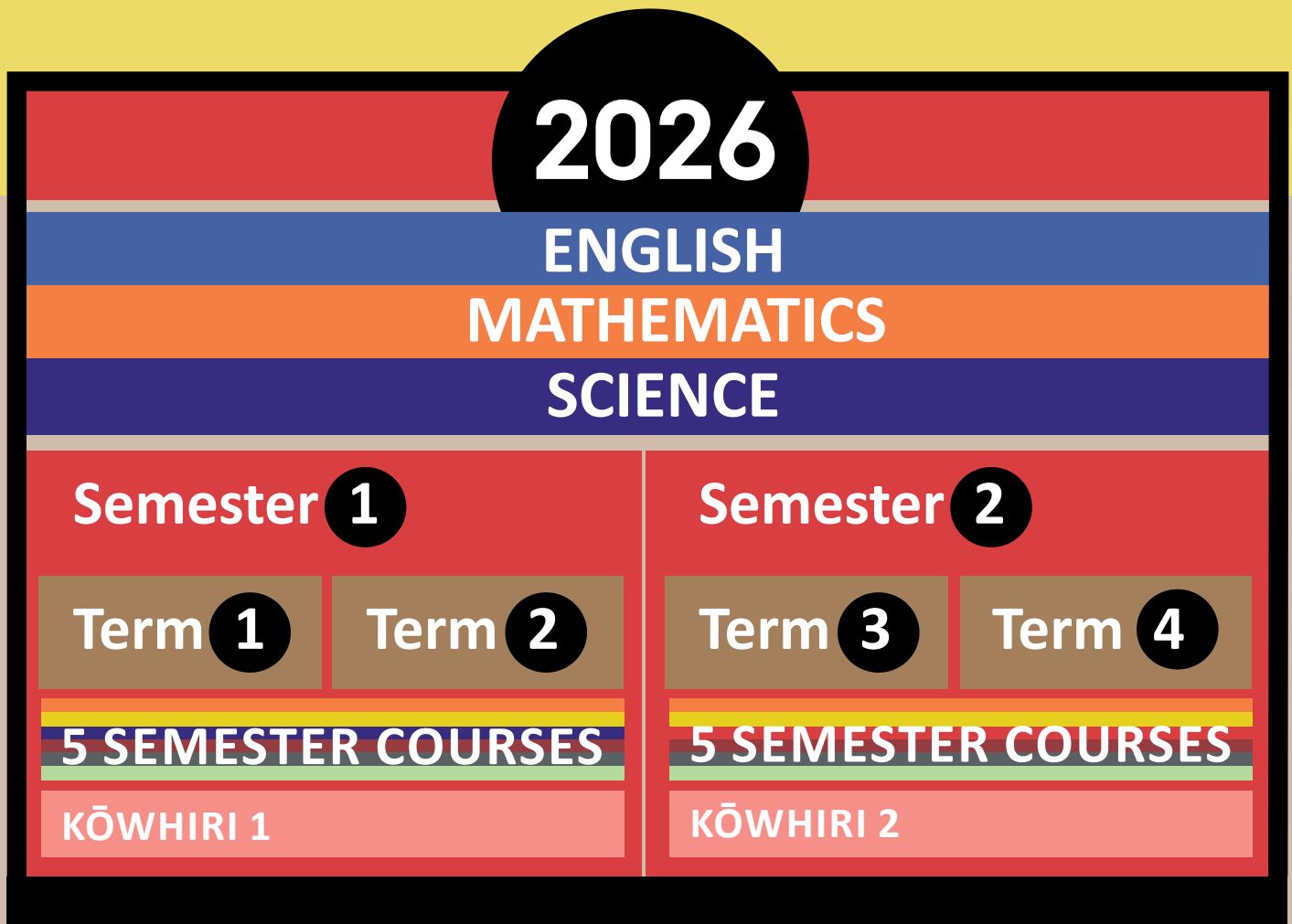
Introduction

Welcome to Year 9! Get ready to explore a wide range of subjects, develop essential skills in critical thinking and discover new passions and talents. This year is all about building a strong foundation for your future, both academically and personally. You'll explore a wide range of subjects, aimed to both challenge you and empower you as a learner. Your choices will create a timetable tailored to your specific needs and interests. Take the time to read all of the options and choose carefully. Your choices for Year 9 will help you provide the framework for your future success.

JHC Year 9 Curriculum 2026

Structure

- Semester courses - 8 classes per semester (two terms) of 3 x hours each week.
- Kōwhiri - 1 Class 1 hour each week.
- Full year courses in Maths, English, Science.





FULL YEAR COURSES

ENGLISH *

MATHEMATICS *

SCIENCE



English has a choice of 4 options.
Maths has a choice of 3 options.

Science is the same full year course for all students.





Semester Choices

Semester 1

Semester 2

Term 1

Term 2

Term 3

Term 4

SOCIAL SCIENCES

* CHOOSE 2

ARTS

* CHOOSE 2

TECHNOLOGY

* CHOOSE 2

LANGUAGES

* CHOOSE 1

HEALTH & PHYSICAL EDUCATION

1 Compulsory Semester

* CHOOSE 1

BONUS SEMESTER

* CHOOSE 1

Social Sciences, HPE, Arts, Languages or Technology

KŌWHIRI

* CHOOSE 2



Learning Areas



In Year 9 you will study all eight areas of the New Zealand Curriculum (English, the Arts, Health and Physical Education, Learning Languages, Mathematics and Statistics, Science, Social Sciences, and Technology). All 8 Learning Areas open the doors for future learning and enable you to develop a wide range of skills and knowledge. Studying a broad curriculum ensures you are well-equipped for diverse pathways. Each learning area offers unique knowledge, skills, and perspectives, helping you to develop a well-rounded understanding of the world.





English

* CHOOSE 1

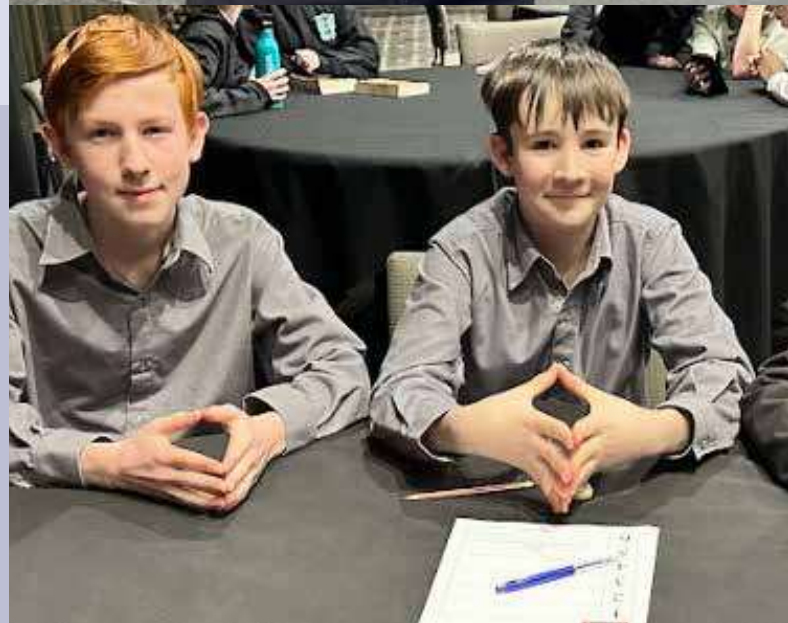
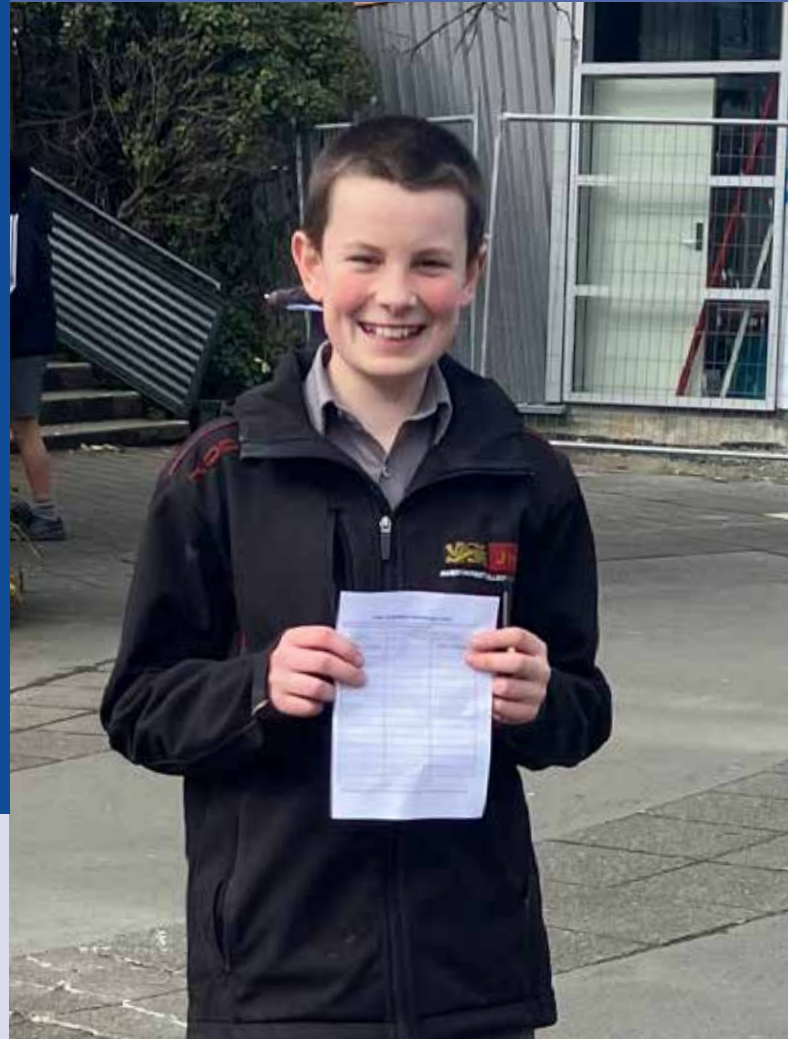
- * **Wai/Water**
- * **Whenua/Earth**
- * **Hau/Air**
- * **Ahi/Fire**

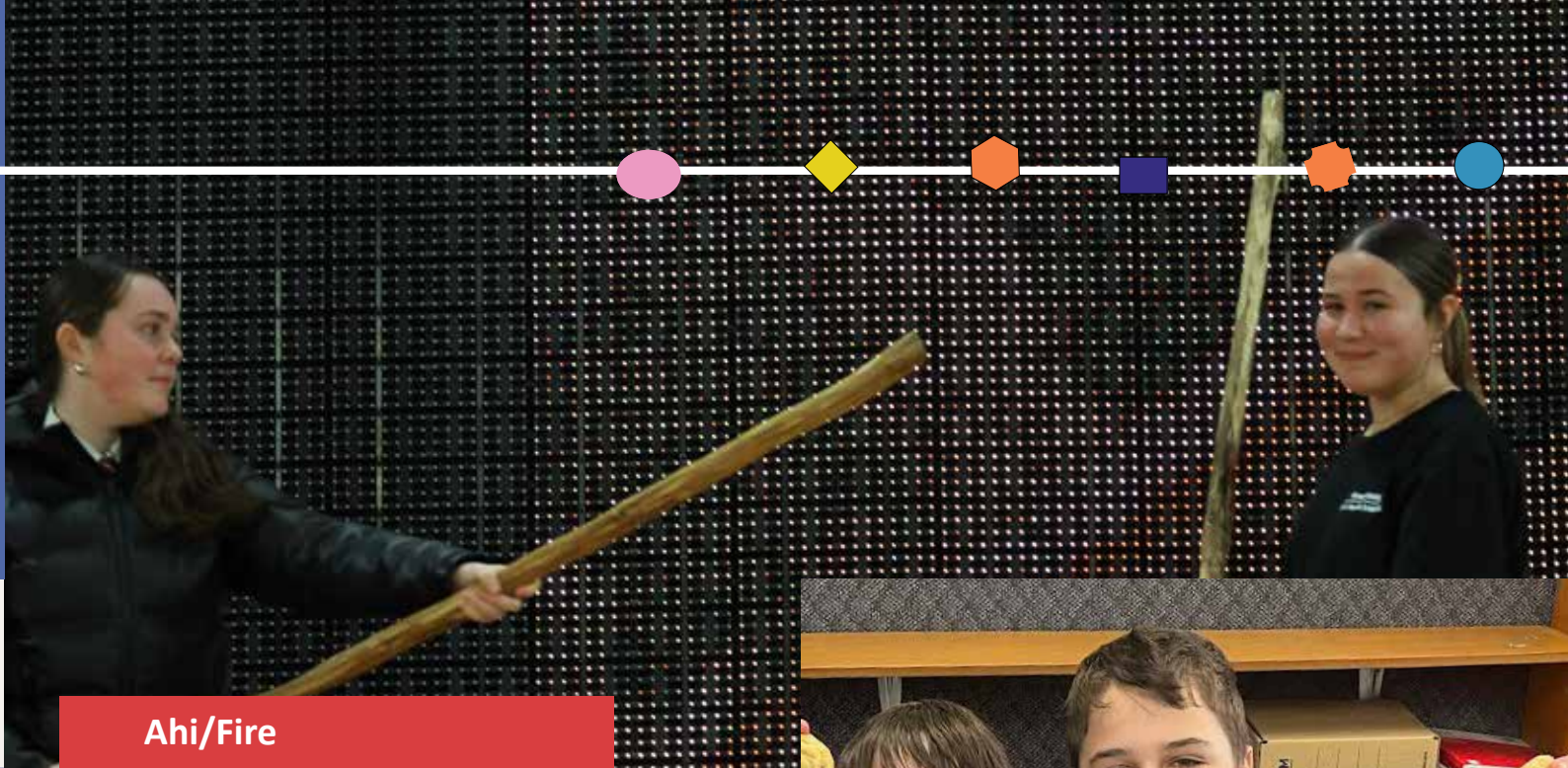
Wai/Water

- You want English skills to steer your waka in the real world.
- You need some help navigating your waka around some obstacles.

Whenua/ Earth

- You love the environment, nature, outdoors, and animals.
- You are interested in exploring texts that connect with the whenua/land and its mauri/essence.





Ahi/Fire

- You want to create and explore new worlds.
- You love reading and writing, academic learning and challenges.
- You have a passion/fire for learning and exploring texts.
- *This course would feed very well into Cambridge if this is something you are interested in applying for in Year 10.*

Hau/Air

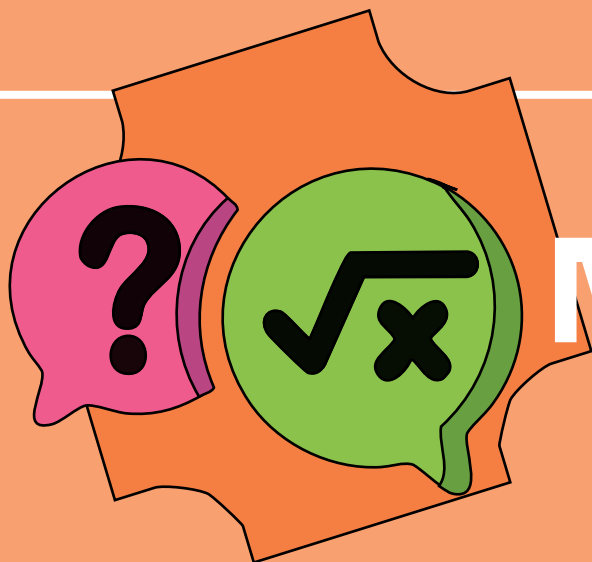
- You want to create and explore new worlds.
- You are interested in examining a wide range of texts that explore different points of view, cultures and worlds. You want opportunities to be creative and use your imagination.
- *This course would feed nicely into Cambridge English if this is something you are interested in applying for in Year 10.*



1 My choice is:



Wai/Water	9EWA	
Whenua/ Earth	9EWH	
Ahi/Fire	9EAH	
Hau/Air	9EHA	



Mathematics

* CHOOSE 1

- * **Aparima**
(widening success)
- * **Oreti**
(focused success)
- * **Mataura**
(supported success)

Aparima (widening success)

This course is designed to give students a strong start for higher-level Mathematics and possible Cambridge IGCSE opportunities at school. They'll master working with numbers, both with and without a calculator, and build essential algebra skills for complex topics later. The course covers important measuring skills, understanding different units, and spatial reasoning. Students will thoroughly study geometry, including shapes, angles, and transformations. They'll also learn to understand statistical graphs and critically evaluate information for bias and explore how mathematical relationships are shown visually through graphs and tables.

Oreti (focused success)

This course strengthens students' number skills, with or without a calculator. They'll expand their geometry and measurement knowledge, using these skills to solve practical problems that come up in real-world jobs and projects. Students will also delve deeper into understanding and interpreting statistics for planning and decision-making. The course builds solid probability skills, understanding the likelihood of events. This course emphasizes applying maths and logical thinking to practical situations in daily work or when managing tasks.





Matura (supported success)

This course is all about giving students strong, practical maths skills they'll use in many jobs. They'll get confident working with numbers, including fractions, decimals, and percentages. Students will learn basic algebra skills that are helpful for different careers. The course also covers practical things like understanding directions, navigating, and essential measuring skills. They'll learn to understand common graphs and how to spot misleading information and build solid probability skills, helping them understand how likely different events are to happen.

1 My choice is:



Aparima Course	9MXA	
Ōreti Course	9MXO	
Matura Course	9MXM	



FULL YEAR COURSE

Units

- * **Operation Planet Hop**
- * **Chemical Secrets of Waihopai**
- * **Energise Murihiku**
- * **Titiro Hōhonu - Take a Closer look**
- * **Kei ōu rikarika te ao - The world is yours**

Science



Operation Planet Hop

This unit of work is based on Planet Earth and beyond and the NOS strand of Communicating in Science. Students will explore ideas around human impact on Earth and travel to other planets. Aspects of this unit include becoming scientifically literate by being able to critique resources.

Chemical Secrets of Waihopai

This unit is on the Material World and the NOS strand of Investigation in Science. Students will uncover the hidden chemistry in our local river as we explore atoms, matter, and the science behind poisons and toxins. Investigate real-world issues and learn how chemistry helps protect our environment.



Kei ōu rīkarika te ao - The world is yours

Ākonga and classroom teachers will have agency in choosing context and content that resonates with their class, providing the opportunity for each class to explore areas outside of the core curriculum that they are interested in and focus on any of the NOS skills.

Energise Murihiku

This unit is focussing on the Physical World and the NOS strand of Participating and Contributing in Science. Students will look at the future of energy usage and production in Southland.

Titiro Hōhonu - Take a Closer look

This unit is based around the Living World and the NOS strand of Understanding in Science. Students will explore ideas around microbiology and microscope work and how the human body works.





*** CHOOSE 2**

- * Digging up the Past**
- * Landmarks and Legacies**
- * Masterpieces of Place**
- * Money Moves**
- * Seeds of Society**
- * The Stories that Shape Us**
- * Tika vs Teka (Truth vs Lies)**



Social Sciences



Digging Up The Past

How do we know how people lived in the past? What are some famous archaeological sites and how do they affect how people lived both then and now? Possible contexts may include The Rift Valley, Stonehenge, the Great Pyramids of Giza, Machu Picchu and Mo'ai on Easter Island.

Units include:

- Introduction to Archaeology
- Places Around the World
- Movement of the Pacific



Masterpieces of Place

Explore the different cultures that make up Southland through art, history, and stories of how people came to live here. You'll look at different points of view about our home and learn how to understand local art and buildings. This will help you see how people from many backgrounds have helped shape our amazing community in Murihiku.

Units include:

- Before the Treaty: Stories in Stone, Wood and Paint
- After the Treaty: New Faces, New Buildings, New Stories
- Southland Today: Colour, Culture and Celebration



Landmarks & Legacies

Explore the epic landscapes and legends of Aotearoa/ New Zealand through the eyes of Geography. Discover how our home has been molded and shaped by the hands of our ancestors and the earth itself. Take a look at our vast coastlines and giant mountains and the connection between Kiwi and the land.

Units include:

- How are landmarks shaped by the land and by people?
- How do people decide what to do with the land?
- What happens to the land because of people?

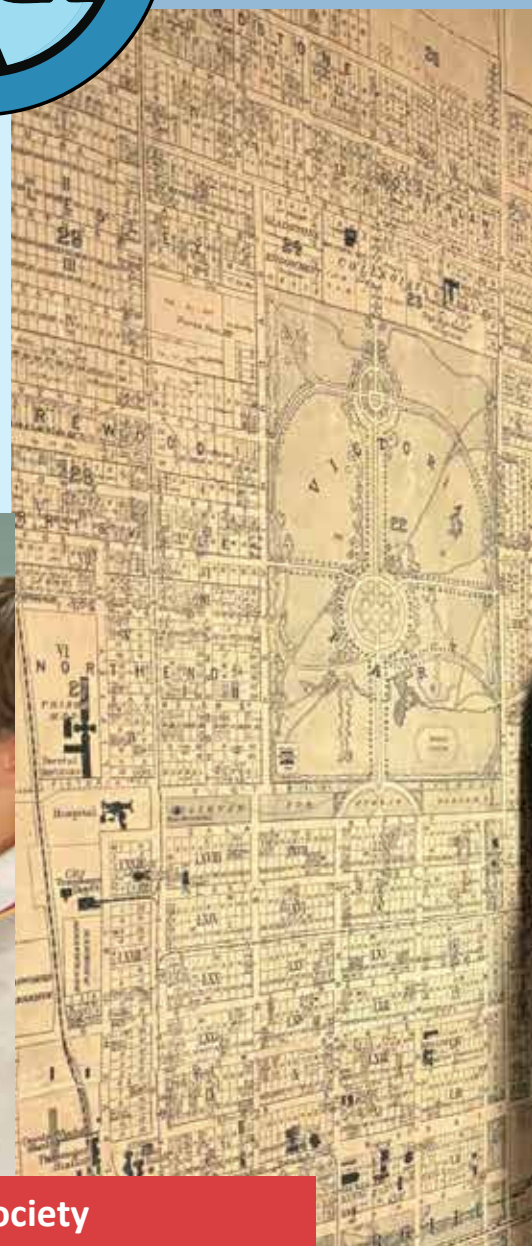
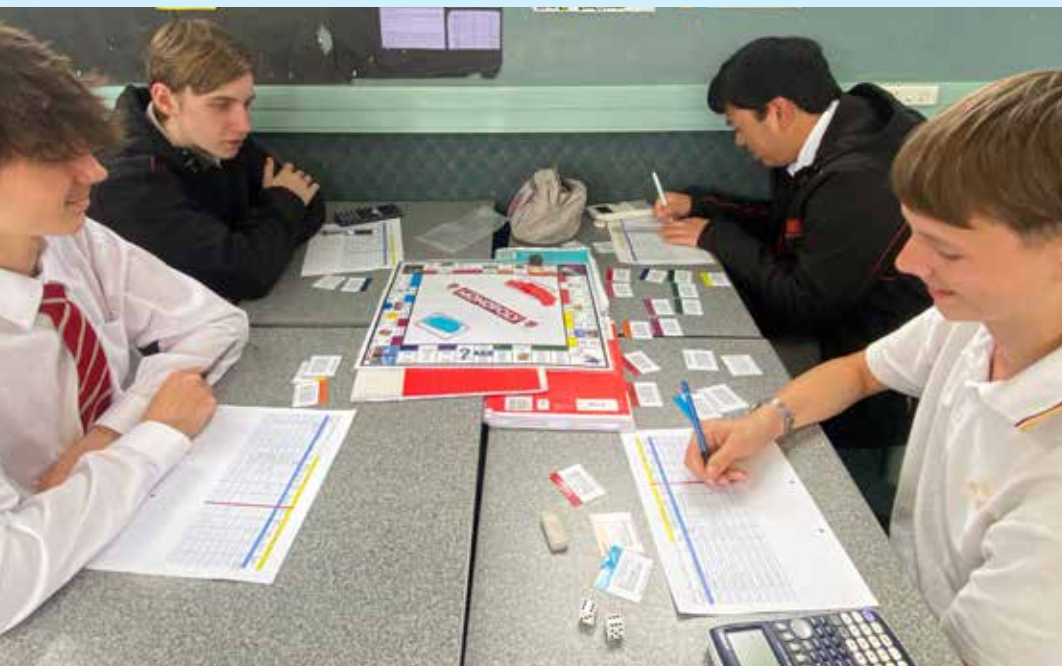


Money Moves

Discover how money works in Aotearoa NZ and how you can make smart choices. You'll learn fun and practical ways to earn, spend, save, and share money to look after yourself and others. We'll also explore how people in the past used resources and came up with clever inventions.

Units include:

- The money-go round.
- Southland Sparks: How local inventors and industries changed lives.
- The money game: Budgeting, Banking, earning and spending.



Seeds of Society

This course will compare both te ao Māori and te ao Pākehā (their world views), with other indigenous cultures. We will look at how they work with and care for whenua / the land. We will look at the impact of colonisation, the history of farming in Aotearoa and how we can learn from te ao Māori to better care for our whenua / land for future generations.

Units include:

- Mātauranga Māori - A holistic approach to whenua
- Farming in Aotearoa - The role farming has played in our history
- Where to from here? - Learning from indigenous cultures to future proof our whenua.



The Stories that Shape Us

We will explore how cultures and traditions are an important part of our world through food, festivals, sports, music and migration. You will look at case studies of people (heroes) both local and global, who have used their stories, their identity and their culture to help change the world. The myths, legends and origin stories from cultures such as Māori, Chinese, Egyptian and Viking may be studied.

Units include:

- Where legends begin
- Cultural echoes
- Crossroads

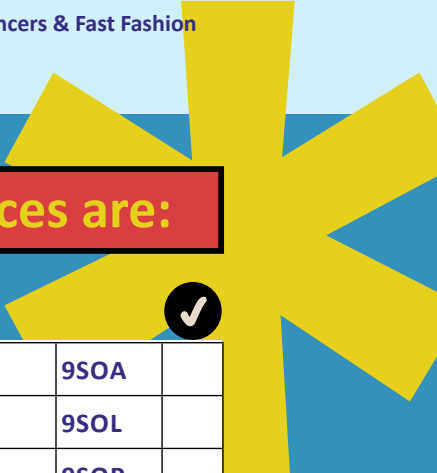
Tika vs Teka (Truth vs Lies)

Ever wonder if what you read or see online is real or fake? This course helps you become a “truth tracker” to figure out how information and culture spreads through the media. You’ll learn to spot misinformation and conspiracies, understand how cool online trends and influencers shape our lives, and discover the real impacts the media has on our world and the things we do.

Units include:

- Truth trackers: Conspiracies, Clickbait and Consequences
- What do you meme? Culture in the digital age
- Not as Seams: Influencers & Fast Fashion

My 2 choices are:



Digging Up The Past	9SOA	
Landmarks & Legacies	9SOL	
Masterpieces Of Place	9SOP	
Money Moves	9SOM	
Seeds Of Society	9SOS	
The Stories That Shape Us	9SOU	
Tika Vs Teka (Truth Vs Lies)	9SOT	



*** CHOOSE 2**

- * Making Music - Performance**
- * Making Music - Composition and Songwriting**
- * Drama - Play Production**
- * Drama - Creating Theatre**
- * Exploring Te Ao Haka**
- * Dance - Let's Move**
- * Photography, Design and Moving Image**
- * Drawing and Painting**
- * Printmaking and Sculpture**

Arts



Making Music - Performance

Develop performance skills in music as a solo performer and in groups. There will be opportunities to learn a main musical instrument (including singing) as well as participating in a range of practical music activities.

Making Music - Composition and Songwriting

Create music through songwriting and using technology such as Garageband. You will learn how to use music technology to write film music and work together in groups to write songs.





Drama - Play Production

In this course, students will explore new worlds through a variety of dramatic texts and have the opportunity to perform in a play. They will develop their understanding of stagecraft, drama techniques and elements, and begin working with drama technologies. Students will engage in open script work and practice scenes building toward a final performance that may take the form of a whole class play or a selection of short plays.



Drama - Creating Theatre

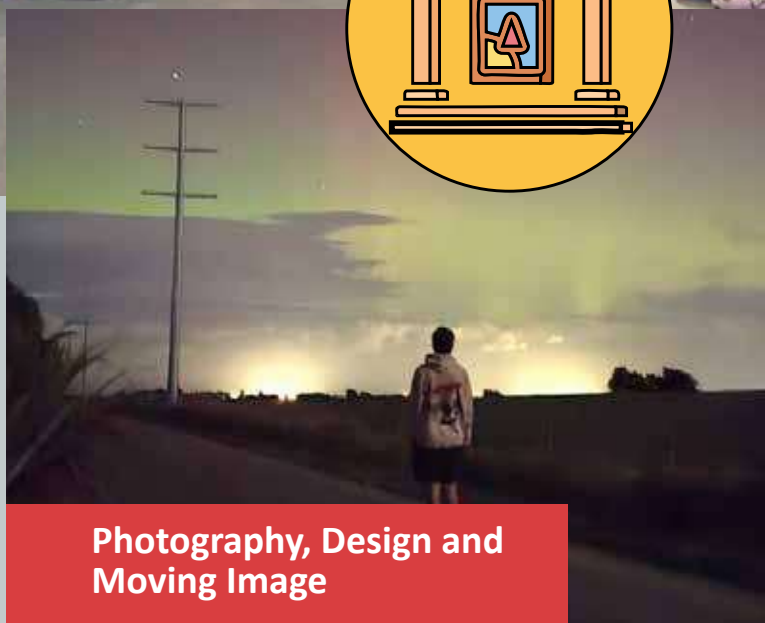
In this course, students will develop empathy by exploring different perspectives and creating their own theatre. They will build skills in devised theatre and improvisation, while deepening their understanding of drama elements and conventions. Students will practice creating short devised scenes and collaborate on group performances inspired by local or New Zealand history and Māori mythology.





Exploring Te Ao Haka

E ngā kaihaka e kaingākau ana ki te Mahi a te Rēhia, te Haka ā Tāne Rore, nei au e mihi ana ki a koutou. Perform and learn more about the actions, language, stories, and tikanga weaved into various waiata and haka. A primary focus is to develop mana in performance and increase knowledge and understanding of Māori Performing Arts. There will be opportunities for the students to participate in community events, building community rapport and developing confidence.



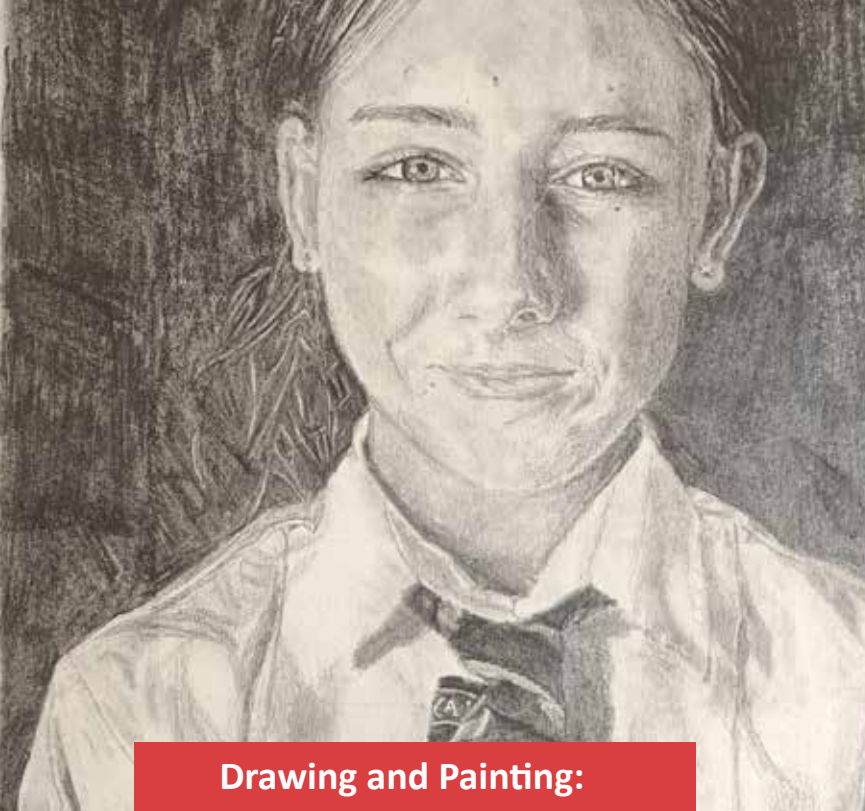
Photography, Design and Moving Image

Developing skills in Photography, Design and Moving Image. We will be using Adobe Photoshop, Illustrator, Premier Pro and After Effects to produce illustration, characters, and graphic designs (posters and lettering) and short moving images. Students may be able to use their own digital platforms such as Procreate, Kritter and Ibis Paint etc.

Dance - Let's Move

In Year 9 Dance, students will explore the world of movement and creativity. This one semester course focuses on building strong foundations in safe dance practices, choreography, performance, understanding and talking about dance. Students will perform a range of dance genres and styles, learn to apply the Dance Elements to their own choreography, research, reflect and interpret different dance choreographers and their works to develop an understanding of how dance communicates meaning. Designed for students of all experience levels, this course encourages both beginners with a love of dance and experienced dancers to develop their skills and confidence.





Drawing and Painting:

Students will experiment with and develop a wide range of painting techniques using drawing and painting media. They will be looking at a range of subject matter and ways of producing art works. Students will produce a variety of workbook studies and resolved art works.

Printmaking and Sculpture:

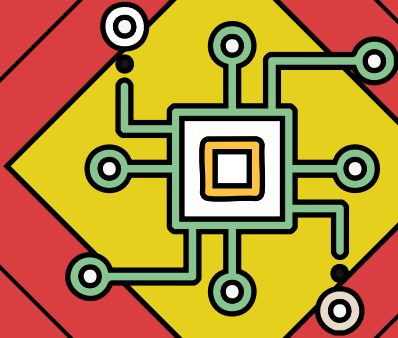
Students will use a range of Printmaking and Sculpture techniques to create artworks based on Kiwiana and living in Southland. In Printmaking, students will experiment with and explore techniques such as woodcut, etching and collagraph and develop mixed media and collage skills. In Sculpture, students will use a range of materials and processes to create small 3D forms and objects.



My 2 choices are:



Making Music - Performance	9MUP	
Making Music - Composition and Songwriting	9MUC	
Drama - Play Production	9DRP	
Drama - Creating Theatre	9DRC	
Exploring Te Ao Haka	9HAK	
Dance - Let's Move	9DAN	
Photography, Design and Moving Image	9ARP	
Drawing and Painting	9ARD	
Printmaking and Sculpture	9ARS	



Technology

* CHOOSE 2

- * **Metal Skills**
- * **Wood Skills**
- * **Product Design & CAD Drawing**
- * **Architecture and Hand Drawing**
- * **Explore Create Innovate through Digital Media**
- * **Game On**
- * **Cultural Foods**
- * **My Food Bag - Whānau Kai**
- * **Streetwear Fashion**
- * **Design and Make it with Fabrics**



Hard Materials Metal Skills

Students will learn new skills in engineering, making a small hacksaw and a personalised metal storage hook.

Areas covered:

- Design
- Computer Aided Design (CAD)
- Personalised storage hook using a computer-controlled metal-cutter (CNC Plasma-cutter)
- Skills in metalworking
- Introduction to metalworking machinery





Hard Materials Wood Skills

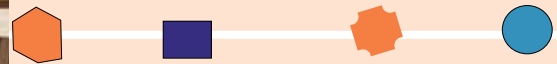
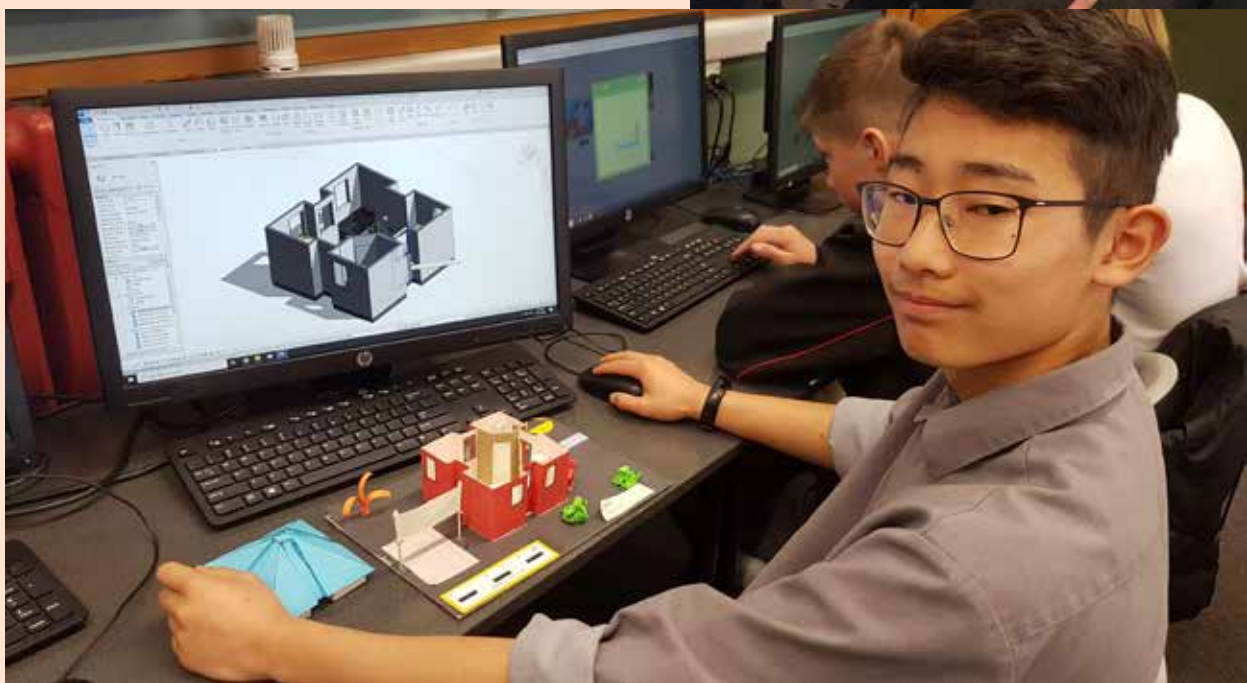
Students will learn new skills in woodwork, making a personalised small table:

Areas covered:

- Design
- Computer Aided Design (CAD)
- Personalised table top, using a computer-controlled cutter (CNC Router)
- Skills in woodworking
- Introduction to woodworking machinery

Product Design & CAD Drawing

In this course you will design your own product (Playground equipment). You will learn computer (CAD) modelling techniques which you will use to create your own Product design. You will then produce the CAD technical drawings of your design and make a 3D model.



Architecture & Hand Drawing

In this course you will design your own building (Whare). You will learn hand drawing techniques which you will use to create your own Architectural design. You will then create a 3D model and be able to explore different arrangements of the interior layout and colour scheme.



Explore, Create, Innovate through Digital Media

This course is for the artist, designer, and storyteller in you. You'll learn to create stunning digital designs using professional software like Adobe Photoshop, Illustrator, Dreamweaver and Animate.

What you'll do: Design posters, logos, stickers, animations, and even your own website! Learn about colour theory, typography, layout, and how to bring your creative ideas to life.

Key Projects:

- Posters – Create event posters (e.g. Matariki, camp, anti-bullying).
- Logos – Design a personal or business logo with meaning.
- Stickers – Make vinyl or digital stickers for Chromebooks, water bottles, etc.
- Websites – Plan, design, and code your own website using HTML/CSS and visual tools.
- Animation – Tell a story through stop-motion or character animation.

Skills you'll gain: Visual communication, creativity, digital design, storytelling, and a portfolio of polished work



Game On—Coding, Robotics & Arduino

This course is for the maker, coder, and problem-solver. Dive into the world of digital systems, where code, circuits, and logic come together.

What you'll do: Build and program interactive projects using Scratch, Python, LEGO Spike, and Arduino. Learn how sensors, LEDs, and motors work—and how to control them with your code!

- Hands-On Learning: From games to robots, you'll take on real challenges like programming a game, controlling lights, or making a smart bike.

Key Projects:

- Scratch Games – Build your own arcade-style game with scoring, levels, and logic.
- Flowlab Platformers – Create a side-scrolling platform game using level design and custom sprites.
- Robotics – Program LEGO robots to follow commands, respond to sensors, and complete tasks.
- Arduino Projects – Use breadboards and components to control lights, buzzers, or build a car indicator system.
- Minecraft with Code – Automate builds and create in-game challenges using Python or MakeCode

Skills you'll gain: Computational thinking, coding, robotics, teamwork, and a deep understanding of how digital systems work.

Cultural Foods

Join us on a tasty journey to explore and cook foods from a range of cultures! Along the way, learn about their traditions, customs, and what makes their food unique.

- Make and create dishes from around the world
- Research different cultures and explore their festivals through food
- Explore the benefits of eating seasonality
- Become a specialist in the food of a chosen culture
- Create a class recipe book
- Explore the concept of Kaitiakitanga
- Show Manaakitanga through the sharing of kai

My Food Bag - Whānau Kai

Come and join us to make delicious and healthy meals suitable for any whānau! You will learn how to adapt recipes, plan meals, and stick to a budget all while learning new cookery skills you'll be proud of.

- Design delicious meal plans for a family
- Use seasonal ingredients, and locally sourced foods to prepare meals
- Learn about nutrients and use this to select and prepare food to support wellbeing
- Produce a class recipe book fit for the whanau



Streetwear Fashion

Unleash your style! Learn how to create PJ pants, then make a hoodie or sweatshirt. Develop design ideas using fashion drawings to bring your creations to life.

- Explore design ideas through sketching and fashion drawings
- Learn how to use a commercial pattern
- Work with different fabrics and materials
- Get to know how to use the sewing machine and overlocker

Design and make it with fabrics

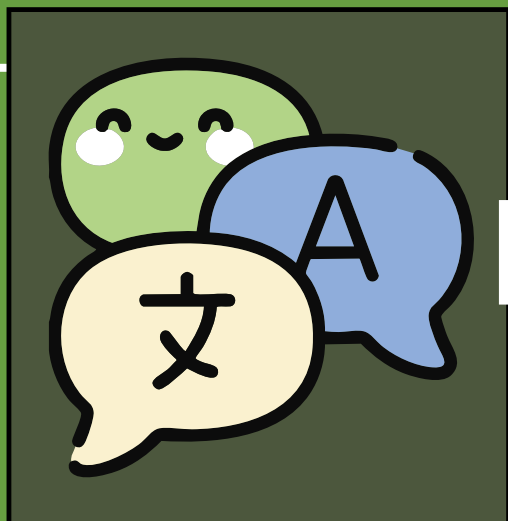
Express your own style and individuality instead of being limited by what's on-line or instore! Make your own clothes, stuffed toys and on trend craft items. Discover ways of personalizing a design by adding hand or machine embroidered stitching and lettering, dyeing, printing images and drawing using the sewing machine. Accessorise with contemporary felting and weaving.



My 2 choices are:



Metal Skills	9HMS	
Wood Skills	9HWS	
Product Design & CAD Drawing	9TPD	
Architecture and Hand Drawing	9DVC	
Explore Create Innovate through Digital Media	9DGM	
Game On	9GMO	
Cultural Foods	9CFS	
My Food Bag - Whānau Kai	9MFB	
Streetwear Fashion	9SWF	
Design and Make it with Fabrics	9TXT	



Languages

* CHOOSE 1

* French A

- the Starter Kit

* Japanese A

- the Starter Kit

* Spanish

- the Starter Kit

* Te Reo Māori

- the Starter Kit

* French B

-Diving into the Lingo

* Japanese B

- Diving into the Lingo

* Spanish

- Diving into the Lingo

* Te Reo Māori

- Diving Into The Lingo

* Languages Around The World

* ESOL - New Zealand knowledge

* Literacy Support



French A: The Starter Kit

French A is required if you are planning to continue with French in Year 10. Key subject content covered:

Language focus: All about me

- Je me présente
 - Greetings
 - Introductions: name, age, where I live
- Ma famille
 - My family
 - Pets
- Dans la classe
 - Classroom expressions
- Bon anniversaire!
 - Celebrating birthdays
 - Days of the week
 - Months of the year
- Quelle heure est-il?
Telling the time
 - Seasons
- Quel temps fait-il?
 - Weather



French B: Diving Into The Lingo

Students must complete French A prior to this course. Key subject content covered:

Language focus: More about me!

- Mes loisirs
 - Hobbies and leisure activities
- Chez moi
 - My house
- Les pays et nationalités
 - Countries
 - Nationality + languages
 - French speaking world (La Francophonie)
- Bon appétit!
 - Food: likes + dislikes
 - Talking about meals
- Ils sont comment? Describing people
 - Personality + physical appearance
- A l'école - At school
 - Subjects
 - School in France





Japanese A: The Starter Kit

Japanese A is required if you are planning to continue with Japanese in Year 10

Key subject content

- Hiragana Alphabet
 - Learn all 46 letters
 - Read & write sentences in Japanese

Topics:

- Greetings & Introductions
- Numbers
- Colours
- Numbers & Ages
- Classroom Objects
- Classroom Commands
- Family
- Animals
- Food
- Days of the week & weather

Japanese B: Diving Into The Lingo

Students must complete Japanese A prior to this course

Key subject content

- Learning the Katakana alphabet
 - Learn to write your name in katakana
 - Be able to read and recognise katakana words

Developing on the topics studied in Japanese A:

- Greetings & Introductions
- Family & Pets
- The Classroom
- Dates & Birthdays
- Countries & Nationalities
- Describing People
- School Subjects
- Leisure Activities
- Describing Your Home
- Talking about Meals

Spanish A: The Starter Kit



Spanish B: Diving Into The Lingo

Key subject content

- Saludos - Greetings and Introductions (Pepeha)
- Como estas? -Asking how you are
- Los colores - Colours
- Numeros - Numbers and age
- Animales y mascotas - Animals
- Mi familia - Family
- La comida - Food
- Los días de la semana y el tiempo - Days of the week & weather
- La clase 1 - The Classroom: objects, commands

Students must complete Spanish A prior to this course

Key subject content

- Yo - Greetings and Introductions
- Mi familia y mascotas - Family and Pets
- La clase 2 -The classroom
- Fechas y cumpleaños - Dates and birthdays
- Países y nacionalidades - Countries and nationalities
- Que te gusta comer- Liking/Disliking meals and food
- Nos describimos - Describing people
- Las asignaturas - School subjects
- En mi tiempo libre - Leisure activities
- Mi casa - My house





**Te Reo Māori A:
The Starter Kit
Te Reo Māori Essentials -
*Whakatō te kākāno***



**Te Reo Māori B:
Diving Into The Lingo
Advancing in Te Reo Māori -
*Tipu te Māhuri***

Te Reo Māori A is required if you are planning to continue with Te Reo Māori in Year 10

Key subject content

1. Te whakahuatanga / Pronunciation
2. Ngā Tae / Colours
3. Ngā Tau / Numbers
4. He Mihi / Greetings and Introductions
5. Kei te pēhea koe? / How are you?
6. Ngā Hunga o te whānau / Family members
7. Ngā rā o te wiki / Days of the week
8. Ngā marama o te tau / Months of the year
9. Te wā me te huarere / Time and weather
10. Culture - Te Tiriti o Waitangi

Students must complete Te Reo Māori A before doing Te Reo Māori B

Key subject content

1. Te Akomanga / The classroom
2. Te Kainga / The Home
3. Matariki / The Māori new year
4. Whakatauki and Kīwaha / Proverbs and Idioms
5. Powhiri / Rituals of encounter
6. Intermediate vocabulary - further extending your language
7. Wetero - Grammar
8. Mastering the Māori Way
 - Research and present on influential figures (tangata rongonui) in Māori history.

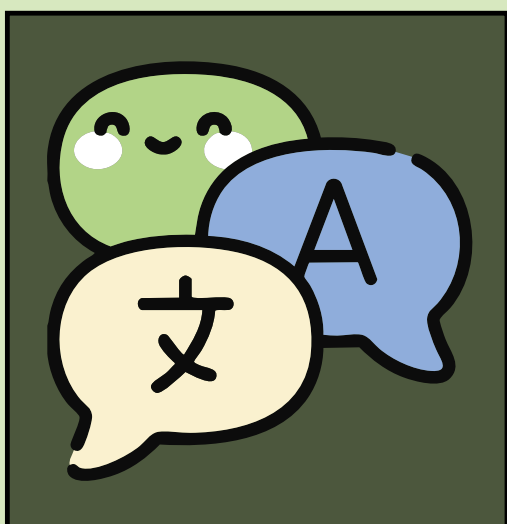
ESOL

Students whose first language is not English are able to access language support. An initial assessment identifies the needs of the students and provisions are made for learning success. Students may join an ESOL class where their listening, speaking, reading and writing skills will be developed. The goal is for students to acquire the language skills needed to participate and succeed in the classroom. There will also be a focus on preparing for the Literacy and Numeracy exams which are initially in Year 10.

Languages Around the World

Key subject content

- Exposure to Languages & Cultures from the world such as Arabic, Chinese, German, Indonesian, Italian, Samoan, plus any that your classmates research.
- Research a language/culture of your choice.
- Read and watch legends/folktales from various cultures.
- Practical Competitions - making traditional outfits or a famous structure from newspapers or the likes.



Literacy Support

Literacy provides assistance for students at Year 9. Students are identified by assessment data or referral from teachers or parents/caregivers. Literacy provides resources and support for students who find reading and/or writing tasks challenging. Some students may also receive individual assistance outside the classroom. The aim of the programme is to improve students' reading and writing skills and to foster a positive attitude towards learning.



Choose 1 :



French - the Starter Kit	9FSK	
Japanese - the Starter Kit	9JSK	
Spanish - the Starter Kit	9SSK	
Te Reo Māori - the Starter Kit	9MSK	
Languages Around The World	9LAW	
ESOL - New Zealand Knowledge	9ESL	
Literacy Support	9LIT	



Health & Physical Education

**SEMESTER ONE
COURSE**

Compulsory

**Foundations of Health
& Physical Education**

Te Hanga Turanga

**Foundations of Health &
Physical Education**
Te Hanga Turanga

Foundations of Health and Physical Education is a compulsory Semester 1 subject, ensuring that every student has the opportunity to gain experience in both Health and Physical Education. Students participate in 3 classes per week, giving them the chance to learn a range of movement and interpersonal skills.

Physical Education will focus on movement skills, fitness, adventure based learning and social responsibility. Health Education will focus on communication skills, relationship and sexuality education and well-being.



SEMESTER TWO

* CHOOSE 1

* **Health & Physical Education 2**

Hauora me te ako tinana

* **Moving well - Living Well** Korikori Tinana

* **Sports Education**

Mātauranga
Hākinakina

* **Health Education**

Mātauranga
Hauora

Health & Physical Education *Hauora Me Te Ako Tinana*

This option continues with a Health and Physical Education programme that builds upon and further develops concepts covered in the foundation course (see Semester 1). Physical Education will extend the concepts covered in Semester 1, using a range of contexts which may include Movement; Challenge, Invasion, Striking, and Sport Science. Health Education will also extend the concepts covered in Semester 1. This course is for those students who want to experience a broad range of Health and Physical Education opportunities, rather than a semester that focuses on a particular aspect of Health and Physical Education. The emphasis would be on the continued development of a broad skill base.

Moving well - Living Well *Korikori Tinana*

This option is designed to help students understand how to enhance their well being with a focus on physical and mental growth. Content includes anatomy, the benefits of exercise on hauora (wellbeing), basic sports nutrition, stress management, fitness and fitness testing, and goal setting.

Sports Education *Mātauranga Hākinakina*

This option is designed to take the practical and theory skills covered in Semester 1 and extend their application using a range of activities and sports. This unit may introduce a level of competition. This could include opportunities to experience coaching, officiating, the use of technology, and investigate the role that sport plays in our society in the past and present.

Health Education *Mātauranga Hauora*

This option would be for students wishing to further develop their knowledge and understanding of health and wellbeing. Content may include: stress management, hauora/wellbeing, mindfulness, relationship and sexuality education, mental health, decision making, communication, strategies for managing personal health, and societal health issues.

This semester would be primarily classroom based with some physical activities as appropriate.

1 My choice is:



Health & Physical Education - Semester Two	9HP2	
Moving well - Living well - Korikori Tinana	9HPM	
Sports Education - Mātauranga Hākinakina	9HPS	
Health Education - Mātauranga Hauora	9HPH	



Bonus semester



Social
Sciences

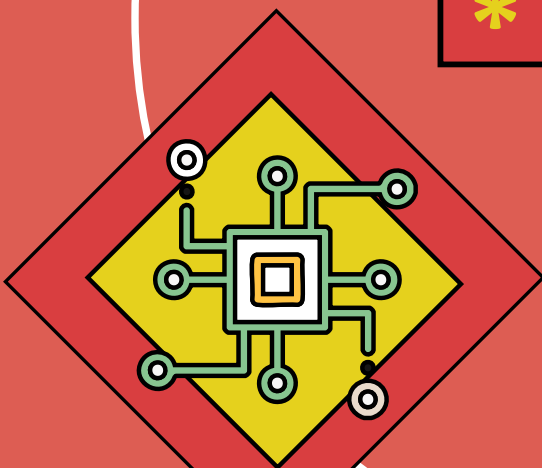


Arts

* CHOOSE 1



HPE



Technology



Languages

Choose something you have not already chosen!

1 My choice is:



Social Sciences

Digging Up The Past	9SOA	
Landmarks & Legacies	9SOL	
Masterpieces Of Place	9SOP	
Money Moves	9SOM	
Seeds Of Society	9SOS	
The Stories That Shape Us	9SOU	
Tika Vs Teka (Truth Vs Lies)	9SOT	

Arts

Making Music - Performance	9MUP	
Making Music - Composition and Songwriting	9MUC	
Drama - Play Production	9DRP	
Drama - Creating Theatre	9DRC	
Exploring Te Ao Haka	9HAK	
Dance	9DAN	
Photography, Design and Moving Image	9ARP	
Drawing and Painting	9ARD	
Printmaking and Sculpture	9ARS	

Technology

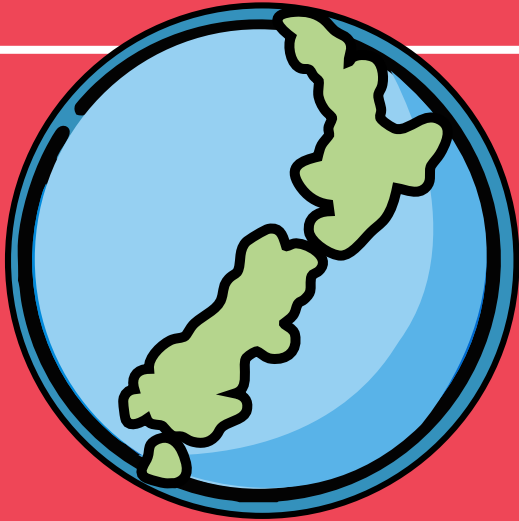
Metal Skills	9HMS	
Wood Skills	9HWS	
Product Design & CAD Drawing	9TPD	
Architecture and Hand Drawing	9DVC	
Explore Create Innovate through Digital Media	9DGM	
Game On	9GMO	
Cultural Foods	9CFS	
My Food Bag - Whānau Kai	9MFB	
Streetwear Fashion	9SWF	
Design and Make it with Fabrics	9TXT	

Languages

French - the Starter Kit	9FSK	
Japanese - the Starter Kit	9JSK	
Spanish - the Starter Kit	9SSK	
Te Reo Māori - the Starter Kit	9MSK	
Languages Around The World	9LAW	
ESOL - New Zealand knowledge	9ESL	
French - Diving into the Lingo	9FDL	
Japanese - Diving into the Lingo	9JDL	
Spanish - Diving into the Lingo	9SDL	
Te Reo Māori - Diving Into The Lingo	9MDL	
Literacy Support	9LIT	

HPE

Health & Physical Education - Semester Two	9HP2	
Moving well - Living well - Korikori Tinana	9HPM	
Sports Education - Mātauranga Hākinakina	9HPS	
Health Education - Mātauranga Hauora	9HPH	



*** CHOOSE 2**

- * Beginner Level New Zealand Sign Language**
- * Careers Exploration**
- * Enviro Action**
- * Everything Digital!**
- * Literacy Extension**
- * Literacy Essentials**
- * Living in Aotearoa**
- * Marine Science**



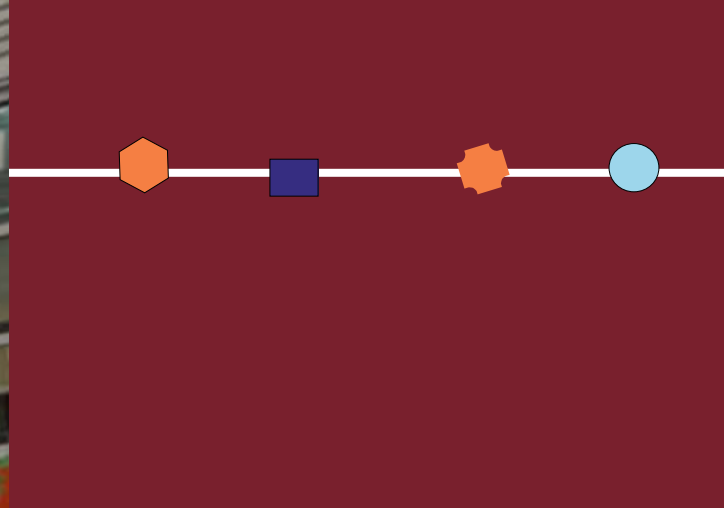
Kōwhiri

Kōwhiri – to select, pick, choose, elect.

An exciting addition to our Year 9 Curriculum is our selection of Kōwhiri courses. Our Kōwhiri courses are designed to support your learning.

You are encouraged to choose the course that best suits your academic goals. Kōwhiri courses run once a week for a semester.

- * Numeracy Extension**
- * Numeracy Support**
- * Science Fair Year 9**
- * Social Science Fair Year 9**
- * Sports Performance and Enhancement**



Beginner Level New Zealand Sign Language

This course will cover aspects such as the alphabet and signing names, the role of facial expressions, home and family vocabulary and deaf community etiquette.

Careers Exploration

Connect your strengths with potential career paths and to develop the knowledge and confidence to pursue them.

Enviro Action

Passionate about the environment and keen to learn how you can make a difference? Enviro action looks at how we can make things better.

Everything Digital!

Citizenship to file management - and everything in between! Build your kete around how you use your device - learning strategies to thrive digitally!

Literacy Extension

Using a wide range of classic and modern literature, this course will focus on extending reading, writing and critical thinking skills.

Literacy Essentials

If you struggle with aspects of reading, writing and comprehension, this course could be the one for you.

Living in Aotearoa

Grow your confidence in basic te reo Māori and learn more about the tikanga of tangata whenua.

Marine Science

A hands-on course introducing the fascinating world of marine science, exploring ocean ecosystems, aquatic life, and the physical and chemical processes that shape our seas.

Numeracy Extension

Develop your understanding of numeracy in the real world with complex numerical challenges.

Numeracy Support

This course is recommended for those who struggle with elements of numeracy such as number knowledge.



Science Fair Year 9

If you are a keen scientist who wants to work on your Science Fair project, this course gives you time and support to create something special.

Social Science Fair Year 9

If you are a keen social scientist who wants to create your own Social Science Fair project, this course gives you time and support to create something special. Runs in Semester 1 only.

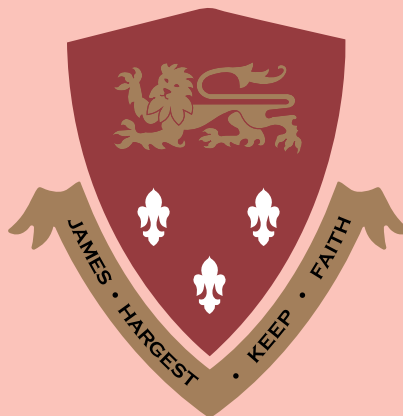
Sports Performance and Enhancement

Develop your understanding of how to enhance what you do in your chosen sports. A mix of practical and theory components to support your goals.

My **2** choices are:



Beginner Level New Zealand Sign Language	9KSL	
Careers Exploration	9KCE	
Enviro Action	9KEA	
Everything Digital!	9KED	
Literacy Extension	9KLX	
Literacy Essentials	9KLS	
Living in Aotearoa	9KAO	
Marine Science	KMS	
Numeracy Extension	9KNX	
Numeracy Support	9KNS	
Science Fair Year 9	9KSF	
Social Science Fair Year 9	9KSS	
Sports Performance and Enhancement	9KSP	



JAMES HARGEST
COLLEGE

Mission Statement

**Our Mission is to equip all our students
to create the best possible future for
themselves and their world.**